

Nutrition & Wellness

Base School Semester Program CODE (822900): Nutrition and Wellness (Yearlong course 1 credits)

Grades: 10,11,12

Description:

Students enrolled in Nutrition and Wellness course focus on understanding wellness, investigating principles of nutrition, using science and technology in food management, ensuring food safety, planning menus and preparing food, and exploring careers in the field of nutrition and wellness.

CERTIFICATIONS

Industry certifications and/or credentials available to students enrolled in these programs are Workplace Readiness Skills

BENEFITS for STUDENTS

Students gain content knowledge that fosters independent living skills and exposes student to a potential career path in Hospitality and Culinary Arts

Credentialing exam

POTENTIAL CAREER PATH

Dietitian

Health Educator

Fitness instructor

Food Service Managers

Food Scientist

Sports Nutritionist

Nutrition and Wellness consultant

Public Health Nutritionist

Caterer

International Food Organization Development

Wellness Coach

Consultant for Sustainable Nutrition and Food Systems

Recipe/Product Development