

Introduction to Nursing

When you walk into a hospital or nursing home, a **Certified Nurse Assistant (CNA)** may be taking vital signs, gathering medical supplies, or helping an elderly client walk.



What Students Learn and Do

A Certified Nurse Assistant (CNA) provides direct patient care under the supervision of a nurse. In the simulation lab, students learn basic nursing skills such as bathing, feeding, positioning, taking blood pressure, pulse, and respiratory rate. Graduates of the Introduction to Nursing Program qualify to take the National Nurse Aide Assessment Program (NNAAP) exam. In order to pass the class and receive credit, students must complete 40 hours of direct patient care.

Academy Pathways - 4 years of Health and Medical Science

Below are *suggested* academy pathways that will prepare students for the Introduction to Nursing Course.

Introduction to Nursing				
Pathways	Year 1	Year 2	Year 3	Year 4
Recommended FCPS Standard Courses	Biology or Biology Honors and Algebra	Chemistry or Chemistry Honors	Physics or Physics Honors or AP Physics 1	Human Anatomy or AP Biology or AP Chemistry
Recommended Academy Courses - Pathway I			Explore Health Sciences (830226)* and Exploring the Lang. of Medicine (838326)*	Intro to Nursing I (835526) & II (835626)
Recommended Academy Courses - Pathway II		Explore Health Sciences (830226)* and Exploring the Lang. of Medicine (838326)*	Intro to Nursing I (835526) & II (835626)	Patient Care Tech (830327)

* Recommended prerequisites for Intro to Nursing I & II

Options After High School

FCPS Academy courses provide the training and certification needed for entry-level employment. A CNA license is a great way to get started in healthcare. Below are possible career pathways for CNAs:

